

# Patient Info

## Important Information

### What To Expect For Treatment in Physical Therapy

From Back Pain Therapy to Therapy for your Big Toe...Learn about my treatment approaches and how I help my patients get great results.

[Learn More](#)

### Rates and Insurance for Physical Therapy and Wellness/Recovery Services

Sports Physical Therapy is my passion...Learn about my model of care, rates, and insurance.

[Learn More](#)

### Book Appointment at BodyFiT Physical Therapy

No Referral needed...Click here to request an appointment.

[Learn More](#)

### New Patient Forms for Physical Therapy

Quick and Easy Access to the best physical therapy in Avon...Download and fill out your paperwork before your visit.

[Learn More](#)

### Blog

Want to learn more about physical therapy for sciatica, back therapy, and quick tips on how to recover after a long run....Look here for helpful articles and videos. Click below to find prior blogs.

[Learn More](#)

### Contact Us

We can't wait to get started helping you feel better again! Click below to send an email, call, or get directions.

[Learn More](#)